

Eagle Hill Cafe

MONDAY

Breakfast:

Buttermilk Pancakes w/ Syrup
Bacon, Tater Tots, Cream of Wheat
Fruit, Yogurt

Lunch:

Vegetable Barley Soup-V
Herbed Roasted Chicken
Basmati Rice-V, Tuna Melts
Steamed Cauliflower-V
Fresh Mozzarella w/ Tomato Salad-V

Dinner:

Hot Soup
Cheese Ravioli w/ Marinara Sauce-V
Chicken Parmigiana, Garlic Bread-V
Steamed Broccoli w/ Red Peppers-V

TUESDAY

Breakfast:

Scrambled Eggs
Browned Potatoes, Sausage Links
Oatmeal, Fruit, Yogurt

Lunch:

Cream of Tomato Soup-V
Grilled Cheese Sandwiches-V
Reuben Sandwiches, French Fries-V
Roasted Golden Beets-V
Curried Chicken Salad

Dinner:

Hot Soup
Chef's Wedges: American or Vegetarian
Coleslaw-V, Potato Skins w/ Toppings
Sauted Yellow Squash-V

WEDNESDAY

Breakfast:

French Toast w/ Syrup
Sausage Patties, Home Fries, Yogurt
Cream of Wheat, Fruit

Lunch:

"Breakfast for Lunch"
Split Pea Soup-V
Pancakes or Waffles w/ Syrup-V
Scrambled Eggs, Bacon, Home Fries-V
Make Your Own Cobb Salad

Dinner:

Hot Soup
Chicken Cordon Bleu
Confetti Rice-V, Shrimp Creole
Roasted Zucchini-V

THURSDAY

Breakfast:

Ham, Egg & Cheese on a Bagel
Oatmeal, Fruit
Blueberry Parfait

Lunch:

Minestrone Soup-V
Stuffed Shells w/ Marinara Sauce
Focaccia Bread-V, Sausage & Peppers
Roasted Carrots w/ Oregano-V
Lentil Salad w/ Vegetables-V

Dessert: Sugar Cookies

Dinner:

Hot Soup
Shepherd's Pie, Brown Rice Pilaf-V
Steamed Vegetable Medley-V
Fried Clam Strips w/ Tartar Sauce

FRIDAY

Breakfast:

Breakfast Burritos
Bacon, Fruit, Yogurt
Cream of Wheat

Lunch:

Chef's Choice Menu

OFFERED DAILY

Complete Salad Bar w/ Toppings
Complete Deli Bar
Selection of Breads & Bagels
Peanut Butter & Jelly
A Variety of Juices and Milk
Fresh Whole Seasonal Hand Fruits
Salad of the Day
V= Vegetarian
Slow Cuisine Item
Food Focus Item

Carlos A. Caban, Chef Manager