

Eagle Hill Cafe

MONDAY

Breakfast:

French Toast w/ Syrup
Home Fries, Bacon
Fruit, Yogurt, Oatmeal

Lunch:

Spicy Tortilla Soup-V
Beef Tacos w/ Salsa
Vegetable Tacos w/ Salsa-V
Mexican Rice-V, Steamed Corn-V
Fresh Mozzarella w/ Pesto Sauce-V

Dinner:

B.B.Q Spare Ribs
Mashed Potatoes-V
Corn on the Cob-V, Steamed Cabbage-V

TUESDAY

Breakfast:

Scrambled Eggs
Sausage Patties, Cream of Wheat
Fruit, Yogurt, Brown Potatoes

Lunch:

Beef Barley Soup
Baked Ziti w/ Cheese-V
Focaccia Bread-V, Sausage & Peppers
Sauteed Zucchini & Yellow Squash-V
Cellophane Noodles Salad w/ Veggies-V

Dinner:

Beef Hanger Steak w/ Sauteed Onions
Roasted Potatoes w/ Rosemary-V
Pasta Primavera-V, Roasted Eggplant-V

WEDNESDAY

Breakfast:

Chocolate Chip Pancakes w/ Syrup
Tater Tots, Fruit, Yogurt
Oatmeal, Canadian Bacon

Lunch:

Minestrone Soup-V
Herbed Baked Chicken
Basmati Rice-V, Veggie Egg Rolls-V
Baked Plum Tomatoes-V

Dinner:

Spaghetti w/ Marinara or Alfredo Sauce-V
Garlic Bread-V, Meatballs
Steamed Broccoli-V

THURSDAY

Breakfast:

Ham, Egg & Cheese on a Roll
Home Fries, Sausage Links
Fruit, Yogurt, Cream of Wheat

Lunch: "Beach Day"

Hamburgers, Veggie Burgers
Hot Dogs, Corn on the Cob
Potato Chips, Watermelon
Pink Lemonade, Water

Dessert:

Dinner:

Steak-umms w/ Cheese
French Fries-V, Tuna Noodle Casserole
Roasted Vegetables-V

FRIDAY

37

Breakfast:

Potato & Egg Gratin
Oatmeal, Fruit, Yogurt
Sausage Patties

Lunch:

Chef's Choice Menu

End of Year Faculty Party: 6:30 p.m

OFFERED DAILY

Complete Salad Bar w/ Toppings
Complete Deli Bar
Selection of Breads & Bagels
Peanut Butter & Jelly Sandwiches
A Variety of Juices and Milk
Fresh Whole Seasonal Hand Fruits
Salad of the Day
V= Vegetarian
Slow Cuisine Item
Food Focus Item

Carlos A. Caban, Chef Manager