

# Eagle Hill Cafe

## MONDAY

### **Breakfast:**

Waffles w/ Syrup  
Canadian Bacon, Fruit, Yogurt  
Cream of Wheat

### **Lunch:**

Vegetable Barley Soup-V  
B.B.Q Chicken Wraps  
Broccoli & Cheese Quiche-V  
Potato Wedges-V, Peas & Carrots-V  
Tabbouleh Salad-V

### **Dinner:**

Pork Lo-Mein w/ Vegetables  
Fried Rice w/ Scallions-V  
Sautéed Swiss Chard-V  
Veggie Egg Rolls-V

## TUESDAY

### **Breakfast:**

Scrambled Eggs  
Sausage Links, Brown Potatoes  
Fruit, Yogurt, Oatmeal

### **Lunch:**

Split Pea Soup-V  
Linguine w/ Meat, Marinara or  
Alfredo Sauces, Garlic Bread-V  
Roasted Tomatoes-V, Sausage & Peppers  
Cellophane Noodle Salad-V

### **Dinner:**

Sliced Sirloin Steak  
Roasted Red Potatoes-V, Fried Catfish  
Roasted Vegetable Medley-V

## WEDNESDAY

### **Breakfast:**

Chocolate Chip Pancakes w/ Syrup  
Cream of Wheat, Fruit  
Yogurt, Home Fries

### **Lunch:**

Tomato Soup-V  
Grilled Cheese Sandwiches-V  
Reuben Sandwiches, French Fries-V  
Steamed Corn-V  
Hummus w/ Pita Chips-V

### **Dinner:**

Chipotle B.B.Q Ribs  
Rice Pilaf-V, Collard Greens-V  
Bowtie Primavera-V

## THURSDAY

### **Breakfast:**

Ham, Egg & Cheese on a Roll  
Sausage Patties, Oatmeal  
Fruit, Yogurt

### **Lunch:**

Matzoh Ball Soup  
Buffalo Wings w/ Bleu Cheese  
Mashed Potatoes-V, Green Beans-V  
Veggie Pita Pockets-V  
Red Lentil Salad w/ Vegetables-V

### **Dinner:**

Baked Macaroni & Cheese-V  
Chicken Fingers w/ Asst. Sauces  
Brussels Sprouts-V

## FRIDAY

### **Breakfast:**

Omelettes to Order  
Fruit, Yogurt  
Cream of Wheat

### **Lunch:**

Chef's Choice Menu

## OFFERED DAILY

Complete Salad Bar w/ Toppings  
Complete Deli Bar  
Selection of Breads & Bagels  
Peanut Butter & Jelly Sandwiches  
A Variety of Juices and Milk  
Fresh Whole Seasonal Hand Fruits  
Salad of the Day  
V= Vegetarian

Carlos A. Caban, Chef Manager